



NEW ZEALAND HYDROGRAPHIC AUTHORITY TIDE PREDICTIONS

Pouto Point

Lat. 36°22'S Long. 174°11'E

January 2025

N.Z. LOCAL TIMES AND HEIGHTS OF HIGH AND LOW WATERS

1 We	Time 00:05 3.1 06:12 0.6 12:28 3.3 18:39 0.6	9 Th	Time 00:25 0.8 06:46 2.9 12:58 0.9 19:13 2.9	17 Fr	Time 01:29 3.1 07:32 0.6 13:47 3.3 19:59 0.7	25 Sa	Time 01:22 1.1 07:51 2.6 14:02 1.2 20:13 2.6
2 Th	00:47 3.1 06:54 0.5 13:09 3.3 19:21 0.6	10 Fr	01:32 0.8 07:57 2.9 14:10 0.9 20:23 2.9	18 Sa	02:06 3.0 08:07 0.7 14:22 3.2 20:35 0.7	26 Su	02:30 1.1 08:59 2.8 15:09 1.1 21:19 2.7
3 Fr	01:30 3.2 07:35 0.5 13:50 3.3 20:05 0.6	11 Sa	02:40 0.8 09:05 3.0 15:18 0.8 21:29 3.0	19 Su	02:41 3.0 08:42 0.8 14:57 3.1 21:11 0.8	27 Mo	03:32 0.9 09:55 2.9 16:06 0.9 22:15 2.9
4 Sa	02:13 3.1 08:18 0.6 14:34 3.3 20:49 0.6	12 Su	03:43 0.7 10:05 3.1 16:18 0.7 22:28 3.1	20 Mo	03:17 2.9 09:19 0.9 15:34 3.0 21:49 0.9	28 Tu	04:25 0.8 10:43 3.1 16:55 0.8 23:04 3.0
5 Su	02:58 3.1 09:03 0.6 15:19 3.3 21:36 0.6	13 Mo	04:39 0.6 10:59 3.3 17:11 0.6 23:20 3.1	21 Tu	03:56 2.8 10:00 1.0 16:15 2.9 22:31 1.0	29 We	05:12 0.6 11:28 3.3 17:39 0.6 23:49 3.2
6 Mo	03:46 3.1 09:52 0.7 16:09 3.2 22:27 0.7	14 Tu	05:29 0.6 11:46 3.3 17:59 0.6	22 We	04:41 2.7 10:47 1.1 17:02 2.7 23:19 1.0	30 Th	05:56 0.5 12:10 3.4 18:22 0.5
7 Tu	04:39 3.0 10:46 0.8 17:04 3.1 23:23 0.8	15 We	00:07 3.1 06:14 0.5 12:30 3.3 18:42 0.6	23 Th	05:35 2.7 11:43 1.2 17:58 2.7	31 Fr	00:32 3.3 06:38 0.4 12:51 3.5 19:05 0.4
8 We	05:38 2.9 11:48 0.9 18:06 3.0	16 Th	00:50 3.1 06:54 0.6 13:10 3.3 19:22 0.6	24 Fr	00:16 1.1 06:39 2.6 12:49 1.3 19:03 2.6		

TIMES LISTED ARE N.Z. DAYLIGHT TIME

CROWN COPYRIGHT RESERVED



NEW ZEALAND HYDROGRAPHIC AUTHORITY TIDE PREDICTIONS

Pouto Point

Lat. 36°22'S Long. 174°11'E

February 2025

N.Z. LOCAL TIMES AND HEIGHTS OF HIGH AND LOW WATERS

1 Sa	Time 01:14 07:19 13:33 19:46	m 3.3 0.4 3.5 0.4	9 Su	Time 02:27 08:54 15:10 21:21	m 1.0 2.9 1.0 2.8	17 Mo	Time 02:08 08:10 14:21 20:33	m 3.1 0.7 3.1 0.7	25 Tu	Time 03:02 09:25 15:39 21:51	m 1.0 2.9 0.9 2.9
2 Su	01:56 08:01 14:15 20:29	3.3 0.4 3.5 0.4	10 Mo	03:34 09:56 16:10 22:20	0.9 3.0 0.8 2.9	18 Tu	02:40 08:43 14:54 21:07	3.0 0.8 3.0 0.8	26 We	04:00 10:17 16:30 22:41	0.8 3.1 0.7 3.1
3 Mo	02:39 08:44 14:59 21:13	3.3 0.5 3.4 0.5	11 Tu	04:30 10:47 17:00 23:09	0.7 3.2 0.7 3.1	19 We	03:15 09:19 15:31 21:45	2.9 0.9 2.9 0.9	27 Th	04:48 11:03 17:15 23:27	0.6 3.3 0.5 3.3
4 Tu	03:24 09:31 15:46 22:01	3.2 0.6 3.2 0.6	12 We	05:16 11:31 17:43 23:52	0.6 3.3 0.6 3.1	20 Th	03:55 10:02 16:14 22:30	2.8 1.1 2.8 1.0	28 Fr	05:33 11:46 17:59	0.4 3.5 0.3
5 We	04:14 10:23 16:38 22:54	3.1 0.8 3.1 0.8	13 Th	05:57 12:11 18:22	0.6 3.3 0.6	21 Fr	04:44 10:54 17:07 23:24	2.7 1.2 2.6 1.1			
6 Th	05:11 11:23 17:39 23:56	2.9 0.9 2.9 0.9	14 Fr	00:30 06:34 12:46 18:57	3.2 0.6 3.3 0.6	22 Sa	05:45 12:00 18:13	2.6 1.3 2.5			
7 Fr	06:20 12:36 18:51	2.8 1.0 2.8	15 Sa	01:04 07:07 13:19 19:29	3.2 0.6 3.3 0.6	23 Su	00:32 07:02 13:19 19:33	1.2 2.6 1.3 2.5			
8 Sa	01:09 07:39 13:56 20:10	1.0 2.8 1.0 2.8	16 Su	01:36 07:38 13:50 20:01	3.1 0.6 3.2 0.6	24 Mo	01:51 08:22 14:37 20:50	1.2 2.7 1.1 2.7			

TIMES LISTED ARE N.Z. DAYLIGHT TIME

CROWN COPYRIGHT RESERVED



NEW ZEALAND HYDROGRAPHIC AUTHORITY TIDE PREDICTIONS

Pouto Point

Lat. 36°22'S Long. 174°11'E

March 2025

N.Z. LOCAL TIMES AND HEIGHTS OF HIGH AND LOW WATERS

1 Sa	Time 00:10 06:16 12:28 18:41	m 3.4 0.3 3.6 0.2	9 Su	Time 00:53 07:26 13:47 20:01	m 1.1 2.8 1.1 2.7	17 Mo	Time 01:06 07:08 13:18 19:27	m 3.2 0.6 3.2 0.6	25 Tu	Time 01:13 07:43 14:02 20:17	m 1.2 2.7 1.1 2.7
2 Su	00:52 06:58 13:10 19:23	3.5 0.2 3.6 0.2	10 Mo	02:15 08:41 14:58 21:10	1.1 2.9 1.0 2.8	18 Tu	01:36 07:39 13:48 19:58	3.2 0.7 3.1 0.7	26 We	02:28 08:49 15:05 21:20	1.0 2.9 0.9 2.9
3 Mo	01:34 07:41 13:53 20:06	3.5 0.3 3.5 0.3	11 Tu	03:21 09:39 15:53 22:04	0.9 3.0 0.8 2.9	19 We	02:07 08:12 14:21 20:32	3.1 0.8 3.0 0.8	27 Th	03:28 09:44 15:58 22:12	0.8 3.2 0.6 3.2
4 Tu	02:17 08:24 14:37 20:50	3.4 0.4 3.4 0.4	12 We	04:12 10:26 16:39 22:49	0.8 3.1 0.7 3.0	20 Th	02:42 08:48 14:57 21:09	3.0 0.9 2.9 0.9	28 Fr	04:19 10:32 16:46 22:59	0.5 3.4 0.4 3.4
5 We	03:02 09:11 15:24 21:37	3.3 0.6 3.2 0.6	13 Th	04:55 11:07 17:18 23:28	0.7 3.2 0.6 3.1	21 Fr	03:21 09:30 15:40 21:53	2.9 1.0 2.7 1.0	29 Sa	05:06 11:18 17:31 23:44	0.4 3.5 0.3 3.5
6 Th	03:52 10:03 16:17 22:30	3.1 0.8 3.0 0.8	14 Fr	05:33 11:44 17:54	0.6 3.3 0.6	22 Sa	04:08 10:21 16:32 22:46	2.7 1.2 2.6 1.1	30 Su	05:51 12:03 18:15	0.2 3.6 0.2
7 Fr	04:50 11:05 17:19 23:34	2.9 1.0 2.8 1.0	15 Sa	00:03 06:07 12:17 18:26	3.2 0.6 3.3 0.5	23 Su	05:07 11:25 17:38 23:54	2.6 1.2 2.5 1.2	31 Mo	00:28 06:35 12:47 18:59	3.6 0.2 3.6 0.2
8 Sa	06:02 12:22 18:37	2.8 1.1 2.7	16 Su	00:35 06:38 12:48 18:57	3.2 0.6 3.3 0.6	24 Mo	06:22 12:43 18:58	2.6 1.2 2.6			

TIMES LISTED ARE N.Z. DAYLIGHT TIME

CROWN COPYRIGHT RESERVED



NEW ZEALAND HYDROGRAPHIC AUTHORITY TIDE PREDICTIONS

Pouto Point

Lat. 36°22'S Long. 174°11'E

April 2025

N.Z. LOCAL TIMES AND HEIGHTS OF HIGH AND LOW WATERS

1 Tu	Time m 01:12 3.6 07:20 0.3 13:31 3.5 19:43 0.3	9 We	Time m 01:54 1.0 08:10 3.0 14:24 0.8 20:36 2.9	17 Th	Time m 00:41 3.1 06:47 0.8 12:55 3.0 19:05 0.8	25 Fr	Time m 01:53 0.7 08:08 3.2 14:23 0.6 20:40 3.2
2 We	01:56 3.4 08:06 0.4 14:17 3.3 20:28 0.5	10 Th	02:43 0.8 08:55 3.1 15:07 0.7 21:19 3.0	18 Fr	01:17 3.0 07:25 0.9 13:33 2.8 19:43 0.9	26 Sa	02:48 0.6 09:00 3.4 15:14 0.4 21:30 3.4
3 Th	02:43 3.3 08:54 0.6 15:06 3.1 21:17 0.7	11 Fr	03:25 0.7 09:35 3.2 15:46 0.6 21:57 3.1	19 Sa	01:57 2.9 08:09 1.0 14:18 2.7 20:28 1.0	27 Su	03:38 0.4 09:49 3.5 16:03 0.3 22:18 3.5
4 Fr	03:34 3.1 09:48 0.8 16:01 2.9 22:11 0.9	12 Sa	04:02 0.7 10:11 3.2 16:21 0.6 22:32 3.2	20 Su	02:44 2.8 09:00 1.1 15:10 2.6 21:21 1.1	28 Mo	04:26 0.3 10:37 3.5 16:50 0.2 23:05 3.6
5 Sa	04:34 2.9 10:52 1.0 17:06 2.7 23:16 1.1	13 Su	04:36 0.6 10:44 3.2 16:53 0.6 23:05 3.2	21 Mo	03:42 2.7 10:02 1.1 16:14 2.6 22:25 1.1	29 Tu	05:14 0.3 11:25 3.5 17:36 0.3 23:52 3.5
6 Su	04:46 2.8 11:09 1.1 17:24 2.6 23:35 1.1	14 Mo	05:08 0.6 11:16 3.2 17:25 0.6 23:36 3.2	22 Tu	04:51 2.7 11:13 1.1 17:28 2.6 23:39 1.1	30 We	06:02 0.4 12:12 3.4 18:23 0.4
7 Mo	06:06 2.8 12:28 1.1 18:42 2.6	15 Tu	05:40 0.7 11:48 3.1 17:57 0.6	23 We	06:04 2.8 12:24 1.0 18:41 2.8		
8 Tu	00:53 1.1 07:15 2.8 13:32 1.0 19:46 2.8	16 We	00:08 3.2 06:13 0.7 12:20 3.0 18:29 0.7	24 Th	00:51 0.9 07:10 3.0 13:28 0.8 19:44 3.0		

TIMES SHOWN IN BOLD HAVE BEEN ADJUSTED FOR N.Z DAYLIGHT TIME

CROWN COPYRIGHT RESERVED



NEW ZEALAND HYDROGRAPHIC AUTHORITY TIDE PREDICTIONS

Pouto Point

Lat. 36°22'S Long. 174°11'E

May 2025

N.Z. LOCAL TIMES AND HEIGHTS OF HIGH AND LOW WATERS

1 Th	Time 00:39 06:50 13:01 19:10	m 3.4 0.5 3.2 0.5	9 Fr	Time 02:05 08:15 14:27 20:42	m 0.9 3.0 0.8 3.0	17 Sa	Time 01:00 07:11 13:19 19:26	m 3.0 0.9 2.9 0.8	25 Su	Time 02:18 08:29 14:45 21:04	m 0.6 3.3 0.5 3.3
2 Fr	01:27 07:41 13:52 20:00	3.3 0.7 3.0 0.7	10 Sa	02:48 08:57 15:07 21:23	0.8 3.0 0.7 3.1	18 Su	01:42 07:56 14:04 20:11	3.0 0.9 2.8 0.9	26 Mo	03:13 09:24 15:37 21:56	0.5 3.3 0.4 3.4
3 Sa	02:20 08:36 14:47 20:54	3.1 0.8 2.8 0.9	11 Su	03:28 09:35 15:45 22:00	0.8 3.1 0.7 3.1	19 Mo	02:29 08:46 14:56 21:02	2.9 1.0 2.7 1.0	27 Tu	04:06 10:16 16:28 22:46	0.4 3.4 0.3 3.5
4 Su	03:18 09:38 15:49 21:56	2.9 1.0 2.7 1.0	12 Mo	04:05 10:11 16:21 22:35	0.7 3.1 0.6 3.2	20 Tu	03:22 09:43 15:54 22:01	2.9 1.0 2.7 1.0	28 We	04:57 11:07 17:18 23:35	0.4 3.3 0.4 3.5
5 Mo	04:23 10:46 16:59 23:06	2.8 1.0 2.6 1.1	13 Tu	04:41 10:47 16:56 23:10	0.7 3.1 0.6 3.2	21 We	04:23 10:44 16:58 23:07	2.9 0.9 2.8 1.0	29 Th	05:47 11:57 18:06	0.5 3.2 0.5
6 Tu	05:32 11:53 18:07	2.8 1.0 2.7	14 We	05:16 11:22 17:31 23:45	0.7 3.0 0.7 3.1	22 Th	05:28 11:48 18:05	3.0 0.8 2.9	30 Fr	00:24 06:37 12:47 18:54	3.4 0.6 3.1 0.6
7 We	00:15 06:35 12:52 19:07	1.1 2.8 1.0 2.8	15 Th	05:52 11:59 18:07	0.8 3.0 0.7	23 Fr	00:14 06:32 12:50 19:09	0.9 3.1 0.7 3.0	31 Sa	01:13 07:28 13:37 19:43	3.3 0.7 3.0 0.7
8 Th	01:15 07:29 13:43 19:58	1.0 2.9 0.9 2.9	16 Fr	00:22 06:30 12:38 18:45	3.1 0.8 2.9 0.8	24 Sa	01:18 07:32 13:49 20:08	0.8 3.2 0.6 3.2			

TIMES LISTED ARE N.Z. STANDARD TIME

CROWN COPYRIGHT RESERVED



NEW ZEALAND HYDROGRAPHIC AUTHORITY TIDE PREDICTIONS

Pouto Point

Lat. 36°22'S Long. 174°11'E

June 2025

N.Z. LOCAL TIMES AND HEIGHTS OF HIGH AND LOW WATERS

1 Su	Time m 02:02 3.1 08:20 0.8 14:29 2.9 20:33 0.9	9 Mo	Time m 02:53 0.9 08:59 2.9 15:10 0.8 21:29 3.0	17 Tu	Time m 02:12 3.1 08:30 0.8 14:39 2.9 20:43 0.8	25 We	Time m 03:51 0.6 10:01 3.2 16:13 0.5 22:32 3.4
2 Mo	02:54 3.0 09:13 0.9 15:22 2.8 21:26 1.0	10 Tu	03:35 0.9 09:41 3.0 15:51 0.7 22:09 3.1	18 We	03:01 3.1 09:20 0.8 15:31 2.9 21:37 0.9	26 Th	04:45 0.5 10:54 3.2 17:04 0.5 23:22 3.4
3 Tu	03:48 2.9 10:08 1.0 16:19 2.7 22:23 1.1	11 We	04:16 0.8 10:22 3.0 16:32 0.7 22:48 3.1	19 Th	03:55 3.0 10:15 0.8 16:28 2.9 22:36 0.9	27 Fr	05:35 0.5 11:45 3.2 17:52 0.5
4 We	04:45 2.8 11:04 1.0 17:17 2.7 23:23 1.1	12 Th	04:57 0.8 11:03 3.0 17:11 0.7 23:27 3.2	20 Fr	04:55 3.0 11:14 0.8 17:32 2.9 23:41 0.9	28 Sa	00:09 3.4 06:23 0.6 12:32 3.1 18:37 0.6
5 Th	05:42 2.8 11:59 1.0 18:16 2.7	13 Fr	05:37 0.8 11:44 3.0 17:51 0.7	21 Sa	05:58 3.0 12:16 0.7 18:37 3.0	29 Su	00:54 3.3 07:09 0.6 13:17 3.0 19:21 0.7
6 Fr	00:22 1.1 06:36 2.8 12:51 0.9 19:10 2.8	14 Sa	00:06 3.2 06:17 0.8 12:25 3.0 18:30 0.7	22 Su	00:48 0.8 07:02 3.1 13:19 0.7 19:42 3.1	30 Mo	01:38 3.2 07:54 0.7 14:01 3.0 20:03 0.8
7 Sa	01:17 1.0 07:27 2.8 13:40 0.9 20:00 2.9	15 Su	00:46 3.2 06:59 0.8 13:07 2.9 19:12 0.7	23 Mo	01:53 0.7 08:05 3.1 14:21 0.6 20:43 3.2		
8 Su	02:07 1.0 08:14 2.9 14:26 0.8 20:46 3.0	16 Mo	01:28 3.1 07:43 0.8 13:51 2.9 19:56 0.8	24 Tu	02:55 0.6 09:05 3.2 15:19 0.5 21:40 3.3		

TIMES LISTED ARE N.Z. STANDARD TIME

CROWN COPYRIGHT RESERVED



NEW ZEALAND HYDROGRAPHIC AUTHORITY TIDE PREDICTIONS

Pouto Point

Lat. 36°22'S Long. 174°11'E

July 2025

N.Z. LOCAL TIMES AND HEIGHTS OF HIGH AND LOW WATERS

1 Tu	Time 02:21 08:37 14:45 20:47	m 3.1 0.8 2.9 0.9	9 We	Time 03:09 09:16 15:26 21:46	m 0.9 2.9 0.8 3.1	17 Th	Time 02:38 08:55 15:06 21:12	m 3.2 0.6 3.0 0.8	25 Fr	Time 04:34 10:43 16:51 23:07	m 0.6 3.2 0.5 3.4
2 We	03:05 09:21 15:31 21:33	3.0 0.9 2.8 1.0	10 Th	03:55 10:02 16:11 22:28	0.8 2.9 0.7 3.2	18 Fr	03:28 09:46 16:00 22:09	3.1 0.7 3.0 0.8	26 Sa	05:20 11:29 17:34 23:50	0.5 3.2 0.5 3.4
3 Th	03:51 10:08 16:20 22:24	2.9 0.9 2.7 1.1	11 Fr	04:39 10:46 16:53 23:09	0.7 3.0 0.6 3.2	19 Sa	04:25 10:43 17:03 23:14	3.0 0.8 2.9 0.9	27 Su	06:03 12:11 18:15	0.5 3.2 0.5
4 Fr	04:41 10:58 17:15 23:21	2.8 1.0 2.7 1.1	12 Sa	05:20 11:28 17:34 23:49	0.7 3.1 0.6 3.3	20 Su	05:30 11:48 18:13	3.0 0.8 2.9	28 Mo	00:29 06:42 12:50 18:52	3.3 0.6 3.1 0.6
5 Sa	05:36 11:52 18:15	2.7 1.0 2.7	13 Su	06:01 12:10 18:14	0.6 3.1 0.6	21 Mo	00:26 06:40 12:58 19:25	0.9 2.9 0.8 3.0	29 Tu	01:07 07:20 13:27 19:29	3.2 0.6 3.1 0.7
6 Su	00:22 06:33 12:49 19:15	1.2 2.7 1.0 2.8	14 Mo	00:28 06:42 12:51 18:55	3.3 0.6 3.1 0.6	22 Tu	01:39 07:50 14:06 20:31	0.9 3.0 0.7 3.1	30 We	01:43 07:56 14:04 20:05	3.1 0.7 3.0 0.8
7 Mo	01:23 07:31 13:45 20:10	1.1 2.7 0.9 2.8	15 Tu	01:09 07:24 13:33 19:37	3.3 0.6 3.1 0.6	23 We	02:45 08:55 15:08 21:29	0.8 3.0 0.6 3.3	31 Th	02:20 08:33 14:42 20:45	3.0 0.8 2.9 0.9
8 Tu	02:19 08:25 14:38 21:00	1.0 2.8 0.9 3.0	16 We	01:52 08:08 14:17 20:22	3.3 0.6 3.1 0.7	24 Th	03:42 09:52 16:02 22:21	0.6 3.1 0.6 3.3			

TIMES LISTED ARE N.Z. STANDARD TIME

CROWN COPYRIGHT RESERVED



NEW ZEALAND HYDROGRAPHIC AUTHORITY TIDE PREDICTIONS

Pouto Point

Lat. 36°22'S Long. 174°11'E

August 2025

N.Z. LOCAL TIMES AND HEIGHTS OF HIGH AND LOW WATERS

1 Fr	Time 02:59 09:14 15:25 21:30	m 2.9 0.9 2.8 1.1	9 Sa	Time 04:17 10:26 16:32 22:46	m 0.6 3.1 0.5 3.4	17 Su	Time 04:02 10:18 16:40 22:55	m 2.9 0.8 2.9 1.0	25 Mo	Time 05:36 11:44 17:48	m 0.5 3.2 0.5
2 Sa	03:44 10:00 16:16 22:24	2.8 1.0 2.7 1.2	10 Su	04:58 11:08 17:13 23:26	0.5 3.2 0.4 3.5	18 Mo	05:10 11:28 17:57	2.8 0.9 2.8	26 Tu	00:00 06:10 12:18 18:21	3.4 0.5 3.2 0.6
3 Su	04:37 10:54 17:17 23:27	2.7 1.1 2.7 1.2	11 Mo	05:39 11:49 17:53	0.4 3.3 0.4	19 Tu	00:15 06:29 12:46 19:16	1.0 2.8 0.9 2.9	27 We	00:32 06:43 12:51 18:53	3.3 0.6 3.1 0.7
4 Mo	05:39 11:57 18:27	2.6 1.1 2.7	12 Tu	00:06 06:19 12:29 18:34	3.5 0.4 3.3 0.4	20 We	01:33 07:45 13:59 20:23	0.9 2.8 0.8 3.1	28 Th	01:04 07:15 13:24 19:26	3.2 0.7 3.1 0.8
5 Tu	00:39 06:49 13:05 19:35	1.2 2.6 1.1 2.8	13 We	00:47 07:01 13:10 19:15	3.5 0.4 3.3 0.5	21 Th	02:37 08:48 14:59 21:17	0.8 3.0 0.7 3.2	29 Fr	01:37 07:49 13:59 20:03	3.0 0.8 3.0 0.9
6 We	01:47 07:56 14:08 20:33	1.1 2.7 1.0 2.9	14 Th	01:29 07:43 13:54 20:00	3.4 0.5 3.2 0.6	22 Fr	03:31 09:41 15:49 22:05	0.7 3.1 0.6 3.3	30 Sa	02:14 08:27 14:39 20:45	2.9 0.9 2.8 1.0
7 Th	02:44 08:53 15:02 21:21	1.0 2.8 0.8 3.1	15 Fr	02:14 08:29 14:41 20:49	3.3 0.6 3.1 0.7	23 Sa	04:17 10:27 16:33 22:47	0.5 3.2 0.5 3.4	31 Su	02:57 09:12 15:27 21:37	2.8 1.0 2.7 1.2
8 Fr	03:33 09:42 15:49 22:05	0.8 3.0 0.7 3.2	16 Sa	03:04 09:20 15:35 21:47	3.1 0.7 3.0 0.9	24 Su	04:59 11:07 17:12 23:25	0.5 3.2 0.5 3.4			

TIMES LISTED ARE N.Z. STANDARD TIME

CROWN COPYRIGHT RESERVED



NEW ZEALAND HYDROGRAPHIC AUTHORITY TIDE PREDICTIONS

Pouto Point

Lat. 36°22'S Long. 174°11'E

September 2025

N.Z. LOCAL TIMES AND HEIGHTS OF HIGH AND LOW WATERS

1 Mo	Time m 03:49 2.6 10:05 1.1 16:27 2.6 22:41 1.3	9 Tu	Time m 05:13 0.3 11:24 3.5 17:29 0.3 23:41 3.6	17 We	Time m 00:09 1.1 06:24 2.7 12:38 1.0 19:06 2.9	25 Th	Time m 06:08 0.5 12:18 3.2 18:21 0.7
2 Tu	04:53 2.5 11:10 1.2 17:41 2.6 23:58 1.3	10 We	05:54 0.2 12:05 3.5 18:11 0.3	18 Th	01:24 0.9 07:37 2.8 13:48 0.9 20:08 3.1	26 Fr	00:29 3.1 06:39 0.6 12:49 3.1 18:54 0.8
3 We	06:10 2.5 12:27 1.1 18:58 2.7	11 Th	00:23 3.5 06:36 0.3 12:48 3.4 18:54 0.4	19 Fr	02:23 0.8 08:35 3.0 14:43 0.7 20:58 3.2	27 Sa	01:02 3.0 07:13 0.7 13:24 3.0 19:30 0.9
4 Th	01:14 1.1 07:26 2.7 13:38 1.0 20:01 2.9	12 Fr	01:06 3.4 07:19 0.4 13:32 3.3 19:40 0.5	20 Sa	03:11 0.6 09:22 3.1 15:29 0.6 21:42 3.3	28 Su	01:38 2.9 08:50 0.9 15:03 2.9 21:12 1.0
5 Fr	02:15 0.9 08:26 2.8 14:34 0.8 20:52 3.1	13 Sa	01:53 3.2 08:06 0.6 14:20 3.2 20:31 0.7	21 Su	03:53 0.5 10:04 3.2 16:09 0.5 22:20 3.4	29 Mo	03:21 2.8 09:34 1.0 15:50 2.8 22:03 1.2
6 Sa	03:05 0.7 09:16 3.0 15:22 0.6 21:37 3.3	14 Su	02:44 3.0 08:58 0.8 15:17 3.0 21:31 0.9	22 Mo	04:31 0.5 10:41 3.3 16:45 0.5 22:55 3.4	30 Tu	04:13 2.6 10:26 1.1 16:48 2.7 23:06 1.2
7 Su	03:49 0.5 10:00 3.2 16:06 0.5 22:19 3.5	15 Mo	03:45 2.8 09:59 0.9 16:25 2.8 22:45 1.1	23 Tu	05:05 0.5 11:15 3.3 17:18 0.5 23:28 3.3		
8 Mo	04:31 0.4 10:43 3.4 16:48 0.3 23:00 3.6	16 Tu	05:00 2.7 11:15 1.0 17:48 2.8	24 We	05:37 0.5 11:47 3.3 17:50 0.6 23:59 3.2		

TIMES SHOWN IN BOLD HAVE BEEN ADJUSTED FOR N.Z DAYLIGHT TIME

CROWN COPYRIGHT RESERVED



NEW ZEALAND HYDROGRAPHIC AUTHORITY TIDE PREDICTIONS

Pouto Point

Lat. 36°22'S Long. 174°11'E

October 2025

N.Z. LOCAL TIMES AND HEIGHTS OF HIGH AND LOW WATERS

1 We	Time 05:17 11:31 17:59	m 2.5 1.2 2.6	9 Th	Time 00:17 06:30 12:43 18:50	m 3.6 0.2 3.6 0.3	17 Fr	Time 02:02 08:16 14:25 20:42	m 0.9 2.8 0.9 3.0	25 Sa	Time 01:02 07:11 13:24 19:30	m 3.1 0.6 3.1 0.8
2 Th	00:20 06:34 12:47 19:17	1.2 2.5 1.2 2.7	10 Fr	01:01 07:14 13:27 19:36	3.5 0.3 3.5 0.4	18 Sa	02:57 09:10 15:18 21:31	0.8 3.0 0.8 3.1	26 Su	01:37 07:46 13:59 20:07	3.0 0.7 3.0 0.9
3 Fr	01:36 07:51 14:01 20:23	1.1 2.7 1.0 2.9	11 Sa	01:47 07:59 14:14 20:25	3.4 0.4 3.4 0.6	19 Su	03:43 09:56 16:02 22:13	0.7 3.1 0.7 3.2	27 Mo	02:14 08:24 14:38 20:49	2.9 0.8 2.9 1.0
4 Sa	02:39 08:53 15:01 21:16	0.9 2.9 0.8 3.1	12 Su	02:36 08:48 15:05 21:19	3.2 0.6 3.2 0.8	20 Mo	04:24 10:36 16:41 22:50	0.6 3.2 0.6 3.3	28 Tu	02:57 09:07 15:24 21:39	2.8 1.0 2.8 1.1
5 Su	03:31 09:45 15:51 22:04	0.7 3.1 0.6 3.3	13 Mo	03:31 09:41 16:03 22:21	3.0 0.8 3.0 0.9	21 Tu	05:00 11:12 17:17 23:25	0.5 3.2 0.6 3.3	29 We	03:48 09:58 16:18 22:38	2.7 1.1 2.8 1.1
6 Mo	04:18 10:31 16:38 22:49	0.4 3.3 0.4 3.5	14 Tu	04:34 10:45 17:13 23:36	2.8 1.0 2.9 1.0	22 We	05:34 11:46 17:51 23:58	0.5 3.3 0.6 3.2	30 Th	04:48 10:58 17:23 23:45	2.6 1.1 2.7 1.1
7 Tu	05:02 11:16 17:22 23:33	0.3 3.5 0.3 3.6	15 We	05:50 12:01 18:32	2.7 1.1 2.8	23 Th	06:07 12:19 18:23	0.5 3.2 0.6	31 Fr	05:58 12:08 18:33	2.6 1.1 2.8
8 We	05:46 11:59 18:06	0.2 3.6 0.2	16 Th	00:55 07:09 13:20 19:44	1.0 2.7 1.0 2.9	24 Fr	00:30 06:39 12:51 18:55	3.2 0.6 3.2 0.7			

TIMES LISTED ARE N.Z. DAYLIGHT TIME

CROWN COPYRIGHT RESERVED



NEW ZEALAND HYDROGRAPHIC AUTHORITY TIDE PREDICTIONS

Pouto Point

Lat. 36°22'S Long. 174°11'E

November 2025

N.Z. LOCAL TIMES AND HEIGHTS OF HIGH AND LOW WATERS

1 Sa	Time 00:54 07:10 13:19 19:39	m 1.0 2.7 1.0 2.9	9 Su	Time 01:34 07:44 14:01 20:15	m 3.3 0.4 3.4 0.6	17 Mo	Time 03:07 09:23 15:30 21:39	m 0.8 3.0 0.8 3.0	25 Tu	Time 02:00 08:07 14:22 20:35	m 2.9 0.8 3.0 0.9
2 Su	01:57 08:14 14:22 20:38	0.8 2.9 0.8 3.1	10 Mo	02:25 08:34 14:53 21:09	3.1 0.6 3.2 0.7	18 Tu	03:50 10:06 16:12 22:19	0.7 3.1 0.8 3.1	26 We	02:42 08:48 15:05 21:21	2.8 0.9 3.0 0.9
3 Mo	02:54 09:10 15:18 21:31	0.6 3.1 0.6 3.3	11 Tu	03:20 09:28 15:50 22:09	3.0 0.8 3.0 0.9	19 We	04:29 10:44 16:50 22:56	0.6 3.1 0.7 3.1	27 Th	03:29 09:35 15:54 22:13	2.8 0.9 2.9 1.0
4 Tu	03:45 10:02 16:09 22:20	0.5 3.3 0.5 3.4	12 We	04:20 10:27 16:53 23:15	2.8 0.9 2.9 1.0	20 Th	05:06 11:21 17:26 23:32	0.6 3.2 0.7 3.1	28 Fr	04:22 10:29 16:49 23:10	2.7 1.0 2.9 1.0
5 We	04:34 10:50 16:58 23:09	0.3 3.5 0.3 3.5	13 Th	05:27 11:35 18:01	2.7 1.0 2.9	21 Fr	05:41 11:56 18:02	0.6 3.2 0.7	29 Sa	05:22 11:30 17:51	2.7 1.0 2.9
6 Th	05:22 11:38 17:46 23:57	0.2 3.6 0.3 3.5	14 Fr	00:22 06:37 12:45 19:07	1.0 2.7 1.1 2.9	22 Sa	00:08 06:16 12:31 18:38	3.1 0.6 3.2 0.7	30 Su	00:12 06:28 12:37 18:56	0.9 2.8 1.0 3.0
7 Fr	06:09 12:25 18:34	0.2 3.6 0.3	15 Sa	01:25 07:40 13:49 20:04	0.9 2.8 1.0 2.9	23 Su	00:44 06:52 13:06 19:14	3.0 0.7 3.1 0.8			
8 Sa	00:45 06:56 13:12 19:23	3.4 0.3 3.5 0.4	16 Su	02:20 08:35 14:43 20:54	0.9 2.9 0.9 3.0	24 Mo	01:21 07:28 13:43 19:53	3.0 0.7 3.1 0.8			

TIMES LISTED ARE N.Z. DAYLIGHT TIME

CROWN COPYRIGHT RESERVED



NEW ZEALAND HYDROGRAPHIC AUTHORITY TIDE PREDICTIONS

Pouto Point

Lat. 36°22'S Long. 174°11'E

December 2025

N.Z. LOCAL TIMES AND HEIGHTS OF HIGH AND LOW WATERS

1 Mo	Time m 01:15 0.8 07:34 2.9 13:44 0.9 19:59 3.1	9 Tu	Time m 02:14 3.1 08:21 0.6 14:39 3.3 20:56 0.7	17 We	Time m 03:13 0.9 09:34 2.9 15:41 1.0 21:48 2.9	25 Th	Time m 02:28 3.0 08:32 0.7 14:47 3.1 21:02 0.8
2 Tu	02:17 0.7 08:37 3.1 14:46 0.7 20:59 3.2	10 We	03:05 3.0 09:10 0.7 15:30 3.1 21:47 0.8	18 Th	03:59 0.8 10:18 3.0 16:26 0.9 22:32 2.9	26 Fr	03:10 2.9 09:14 0.8 15:30 3.1 21:47 0.8
3 We	03:15 0.5 09:35 3.2 15:45 0.6 21:56 3.3	11 Th	03:57 2.9 10:01 0.9 16:23 3.0 22:41 0.9	19 Fr	04:41 0.7 10:59 3.1 17:07 0.8 23:13 3.0	27 Sa	03:56 2.9 10:01 0.8 16:19 3.0 22:37 0.8
4 Th	04:11 0.4 10:30 3.4 16:40 0.5 22:50 3.4	12 Fr	04:51 2.8 10:56 1.0 17:18 2.9 23:36 0.9	20 Sa	05:21 0.7 11:38 3.1 17:46 0.8 23:53 3.0	28 Su	04:49 2.9 10:56 0.9 17:14 3.0 23:34 0.8
5 Fr	05:03 0.3 11:22 3.5 17:32 0.4 23:43 3.4	13 Sa	05:49 2.7 11:56 1.1 18:16 2.8	21 Su	06:00 0.7 12:15 3.2 18:25 0.7	29 Mo	05:49 2.9 11:59 0.9 18:17 3.0
6 Sa	05:54 0.3 12:12 3.5 18:24 0.4	14 Su	00:33 1.0 06:50 2.7 12:58 1.1 19:14 2.8	22 Mo	00:31 3.0 06:37 0.6 12:52 3.2 19:03 0.7	30 Tu	00:36 0.8 06:57 2.9 13:09 0.9 19:25 3.0
7 Su	00:34 3.3 06:44 0.4 13:01 3.5 19:14 0.5	15 Mo	01:30 1.0 07:50 2.8 13:58 1.1 20:09 2.8	23 Tu	01:09 3.0 07:15 0.7 13:29 3.2 19:41 0.7	31 We	01:44 0.8 08:08 3.0 14:20 0.9 20:33 3.0
8 Mo	01:24 3.3 07:32 0.5 13:50 3.4 20:05 0.5	16 Tu	02:23 0.9 08:44 2.8 14:52 1.0 21:00 2.8	24 We	01:48 3.0 07:52 0.7 14:07 3.2 20:21 0.7		

TIMES LISTED ARE N.Z. DAYLIGHT TIME

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